

COVID-safe behaviours for the workplace

Follow this advice to protect yourself and others.



Wash your hands frequently for at least 20 seconds. Use alcohol-based hand sanitiser if hand washing is not available.



Cover coughs and sneezes with a tissue or the inside of your elbow. Dispose of used tissues immediately using a rubbish bin.



Stay 1.5 metres away from other people.



Clean and disinfect frequently touched surfaces, equipment and shared spaces.



Stay home if you have cold or flu-like symptoms.

Get tested for COVID-19.

KEEP
ON TOP OF
COVID

Keep up to date.
www.coronavirus.tas.gov.au