Hand Washing Procedure

1. Wash with water and soap, ensuring the entire back and front hand surface is covered.
2. Lather palms together.
3. Lather between fingers.
4. Focus on both front and back of thumbs.
5. Make sure to reach the back of your hands.
6. Lather wrists and rotate.

Frequently missed spots when washing hands:

- Front
- Back

Most frequently missed:

- Most frequently missed
- Frequently missed

For more information visit www.coronavirus.tas.gov.au